

Actions and Decisions Log: WACA Patient Network



06 Oct 2021

Attendance : Emma (WACA) Alison W (GP) Sheila M (DHS) Claire S (DHS) Diane Y (TS) Jan L (GP) Margaret N (AD) Alex M (TS) Elizabeth B (DHS) Caroline Rayment GP (GP) Rachael (WACA) Drue H

Apologies : Ian M, Jonathan K, Rachel S, Philip G

Number	Action Agreement Decision Risks Update	Details	Owner	Due	Progress and Comments
1	Update	<p>Introductions & Since our last meeting</p> <p>GP New members, Charity event handed out patient survey and at flu clinic also Wellbeing Hub</p> <p>AD had 1 F2F meeting</p> <p>TS Keen to find out about Survey</p> <p>DHS not too much going on now.</p> <p>IG Seeing PM Friday</p>	All		Survey attached Emma Group will discuss ways of helping each other and share Chair Role description
2	Update	<p>Dr Caroline Rayment – Update</p> <p>New Social prescribers split across the area now for Young People</p> <p>Mental Health Pilot Scheme – new on the day appointments starting soon locations TBS</p> <p>Flu – Surgeries having delivery issues some have had to start the under 65s first</p> <p>Gateway is now closed – vaccination programs being rolled out across all areas</p> <p>Media – Talking about GP Availability. Our GPs are here trying to offer the best service possible. UK in general needs more GPs it's a long process. Many are retiring, demoralised, and working challenging 12-hour shifts</p>			
3		<p>Speaker Cerin Rees from Eat Move Be Happy</p> <p>A group running courses to help patients exercise, nutritional advice and assist with their mental wellbeing. Help with healthy food habits, live better, giving encouragement.</p> <p>First Steps Course is 3 weeks – to help patients who are unsure this will help them plan</p> <p>Good for someone who knows they need to do something but does not know where to start</p> <p>Follow on courses for Medication and Diabetes available</p>			

		<p>12 Week Course – Healthy Food Habits, exercise, Nutrition, help with planning, live better look at what works for you</p> <p>Settle – there is a meeting looking into funding for this area. Dyneley have them running at the Barn. Ilkley Tennis Club Mon Lunch time</p> <p>How to access these courses – Via Social Prescribers is free but if via self-referrals there is a charge.</p>			
4	<p>Update</p> <p>Action</p> <p>Action</p> <p>Action</p>	<p>AOB Feel lack of communication between the different PPGs</p> <p>WhatsApp Group will be set up The members will contact each other for ideas and support</p> <p>Members happy to also share their emails with each other</p> <p>Suggestions to go back to F2F – potentially an issue time wise for GPs due to extra travelling to meet plus the distance some may have to travel.</p> <p>Questions around the Terms of references overlapping with the Constitution. Is there guidance about adopting their own?</p> <p>Members will share their documentation and look at each other’s documentation</p> <p>Emma will look at setting up dates in advance to the next PPG meetings</p> <p>Margaret would like the leaflets on Bowel Cancer – Emma will send</p>	Emma		Emma will circulate addresses
