

Social Prescribing Directory

For Adults with Learning Disabilities

(last updated 6th June 2025)

Specialist Autism Services	Provide person-centred support through an autism-specific learning plan that addresses social, physical, sensory and behavioural needs, thereby promoting personal development. Specialist counselling service also available. https://specialistautismservices.org
People First Keighley & Craven	Provide social events, advocacy support, training for organisations and help represent people with learning disabilities . https://www.peoplefirstkc.com/
Exclusively Inclusive (Craven)	Multiple social groups & activities available, including the Happy Monday's Group to promote health and social wellbeing katiepeacock@live.co.uk https://www.facebook.com/exclusivelyinclusivecraven/
LS29 (Ilkley)	Group for families who have children with additional needs who live in the local area, offering support and activities. http://www.ls29group.co.uk/
Keighley Volunteer Centre	Provides social groups for people with additional needs, including boogie nights and sensory space https://keighleyvb.co.uk/
Creative Support (Keighley)	Creative Support currently provides person-centred services for people with a learning disability, autism and mental health needs. https://www.creativesupport.co.uk/what-we-do/our-services/
Outside the box (Ilkley)	Community café supporting adults with learning disabilities with work placements and help develop key skills http://www.outsidetheboxcafe.com
DOSH	Financial Welfare advocacy and support for people with learning disabilities https://www.dosh.org/
Aware Charity	AWARE is a parent-run group supporting families with children and young adults on the autistic spectrum (formal diagnosis not required). The group covers the Airedale, Wharfedale, Bradford and Craven areas and beyond. https://aware-uk.org/
Purple Patch	Service provides creative activities (dance, drama, music, visual arts, literature), inclusive learning methods, and creates environments that involve and inspire learning-disabled people to engage with learning in a positive and beneficial way. https://purplepatcharts.org
Bradford Talking Media	Charity which helps make information accessible – ie Braille , BSL translation services. https://www.btm.org.uk/
Skipton Step into Action	01756 802098 Provides befriending services, social activities, assistance with shopping and community transport. https://www.ssia.org.uk
Pioneer Projects (Craven)	Creative Arts Groups available across Craven, with some specialist groups for people with memory loss. https://pioneerprojects.org.uk/ 015242 62672
Support Employment – NY Council	Works with people with disabilities to support back to work Supported employment for disabled people North Yorkshire County Council
Living Well Service – NY Council	Service helps adults improve their health, wellbeing and independence over a set period of time. Living Well in North Yorkshire North Yorkshire Council

Citizens Advice	Benefits, employment issues, housing issues, and consumer problems. Online advice is available 24/7 at https://www.citizensadvice.org.uk/ Telephone 0300 3309 036
Learning Disability Health and Support Team (NHS)	Works with adults with learning disabilities who have physical and mental health needs if your needs cannot be met by other services. Telephone 01274 497121 https://www.bdct.nhs.uk/our-services/learning-disability-services/learning-disability-health-support-team/
Equality Together	Learning Disability Advocacy Service https://equalitytogether.org.uk/
Social Prescribing Service	Support to help people find services and activities suitable for their needs. Contact your GP practice to book an appointment with their in-house Social Prescriber.

For more information about any of the services, or if there is something you need to find which isn't listed, please contact the LD Champion for WACA Primary Care Network, Amanda Nowell . Amanda.Nowell@nhs.net