

# Services & Groups that can help you

## EASY READ VERSION

(updated 12/06/25 )



### Support Groups



#### **Specialist Autism Services (National):**

Provide person-centred support through an autism-specific learning plan that addresses social, physical, sensory and behavioural needs, thereby promoting personal development. Specialist counselling service also available.

<https://specialistautismservices.org>

#### **People First Keighley and Craven:**

Provide social events, advocacy support, training for organisations and help represent people with learning disabilities .

<https://www.peoplefirstkc.com/>

#### **Outside The Box (Ilkley):**

Community café supporting adults with learning disabilities with work placements and help develop key skills

<http://www.outsidetheboxcafe.com>

#### **LS29 Support Group (Ilkley):**


Group for families who have children with additional needs who live in the local area, offering support and activities.

<http://www.ls29group.co.uk/>

#### **AWARE Charity (Aire, Wharfe and Craven)**

AWARE is a parent-run group supporting families with children and young adults on the autistic spectrum (formal diagnosis not required). The group covers the Airedale, Wharfedale, Bradford and Craven areas and beyond. <https://aware-uk.org/>

Not sure what you need? Ask to speak to the Social Prescriber available at your Doctors Practice.

	<p><b>Living Well Service (North Yorkshire)</b> Service helps adults improve their health, wellbeing and independence over a set period of time <a href="#">Living Well in North Yorkshire</a>   <a href="#">North Yorkshire Council</a></p> <p><b>Pioneer Projects (Craven)</b> Creative Arts Groups available across Craven, with some specialist groups for people with memory loss. <a href="https://pioneerprojects.org.uk/">https://pioneerprojects.org.uk/</a> 015242 62672</p>
<b>Social Groups</b>	
	<p><b>People First Keighley and Craven:</b> Provide social events, advocacy support, training for organisations and help represent people with learning disabilities . <a href="https://www.peoplefirstkc.com/">https://www.peoplefirstkc.com/</a></p> <p><b>Exclusively Inclusive (Craven):</b> Multiple social groups &amp; activities available, including the Happy Monday's Group to promote health and social wellbeing <a href="mailto:katiepeacock@live.co.uk">katiepeacock@live.co.uk</a> <a href="https://www.facebook.com/exclusivelyinclusivecraven/">https://www.facebook.com/exclusivelyinclusivecraven/</a></p> <p><b>LS29 Support Group (Ilkley):</b> Group for families who have children with additional needs who live in the local area, offering support and activities. <a href="http://www.ls29group.co.uk/">http://www.ls29group.co.uk/</a></p> <p><b>Keighley Volunteer Centre:</b> Provides social groups for people with additional needs, including boogie nights and sensory space <a href="https://keighleyvb.co.uk/">https://keighleyvb.co.uk/</a></p>

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	<p><b>Purple Patch Arts: (Ilkley &amp; Skipton)</b>  Service provides creative activities (dance, drama, music, visual arts, literature), inclusive learning methods, and creates environments that involve and inspire learning-disabled people to engage with learning in a positive and beneficial way.  <a href="https://purplepatcharts.org">https://purplepatcharts.org</a></p> <p><b>Skipton Step Into Action:</b>  01756 802098  Provides befriending services, social activities, assistance with shopping and community transport.  <a href="https://www.ssia.org.uk">https://www.ssia.org.uk</a></p>
<b>Employment, Welfare and Practical Support</b>	
	<p><b>Supported Employment - North Yorkshire County Council</b>  Works with people with disabilities to support back to work  <a href="#">Supported employment for disabled people   North Yorkshire County Council</a></p> <p><b>Citizens Advice</b>  Benefits, employment issues, housing issues, and consumer problems. Online advice is available 24/7 at <a href="https://www.citizensadvice.org.uk/">https://www.citizensadvice.org.uk/</a>  Email: <a href="https://cachd.org.uk/email">https://cachd.org.uk/email</a>  Telephone 0300 3309 036</p> <p><b>DOSH</b>  Financial Welfare advocacy and support for people with learning disabilities  <a href="https://www.dosh.org/">https://www.dosh.org/</a></p> <p><b>Bradford Talking Media:</b>  Charity which helps make information accessible – ie Braille , BSL translation services.  <a href="https://www.btm.org.uk/">https://www.btm.org.uk/</a></p>

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	<p><b>Learning Disability Health and Support Team (NHS)</b>  Works with adults with learning disabilities who have physical and mental health needs if your needs cannot be met by other services.  Telephone 01274 497121  <a href="https://www.bdct.nhs.uk/our-services/learning-disability-services/learning-disability-health-support-team/">https://www.bdct.nhs.uk/our-services/learning-disability-services/learning-disability-health-support-team/</a></p> <p><b>Equality Together:</b>  Learning Disability Advocacy Service  <a href="https://equalitytogether.org.uk/">https://equalitytogether.org.uk/</a></p>
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